## SPORTS DAY PROGRAMME 2020

TIME	U/10 BOYS 1	U/10 BOYS 2	U/10 GIRLS 1	U/10 GIRLS 2	U/12 BOYS	U/12 GIRLS	U/14 BOYS	U/14 GIRLS	U/16-OPEN BOYS	U/16-OPEN GIRLS	
9-9:25am	1. JUNIOR PRIMARY 100m DASH 2. ALL AGE GROUPS 400m										
9:25- 9:50am	100m	100m	100m	100m	Shot Put	Long Jump	BREAK	Triple Jump	High Jump 2	Discus	
9:50- 10:15am	Shot Put	High Jump 1	Long Jump	Triple Jump	100m	100m	100m	100m	Discus	High Jump 2	
10:15- 10:40am	Long Jump	BREAK	Shot Put	High Jump 2	Triple Jump	Discus	BREAK	High Jump 1	100m	100m	
10:40- 11:05am	200m	Long Jump	200m	Discus	High Jump 1	High Jump 2	Triple Jump	200m	Shot Put	200m	
11:05- 11:30am	BREAK	200m	BREAK	200m	200m	200m	200m	BREAK	200m	BREAK	
11:30- 11:55am	BREAK	Shot Put	High Jump 1	BREAK	BREAK	BREAK	Discus	Long Jump	BREAK	Triple Jump	
11:55- 12:20pm	High Jump 1	Triple Jump	BREAK	BREAK	BREAK	BREAK	Long Jump	Discus	BREAK	Shot Put	
12:20- 12:45pm	BREAK	BREAK	Triple Jump (SB)	Long Jump (MN)	Discus (MG)	Shot Put	High Jump 1	BREAK	-RELAYS LISTS -DISCUSS HOUSE AWARDS		
12:45- 1:10pm	BREAK	BREAK	Discus	BREAK	Long Jump	BREAK	BREAK	Shot Put (MN))	Triple Jump	BREAK	
1:10- 1:35pm	Triple Jump	Discus	BREAK	Shot Put	BREAK	ORGANISE RELAYS	ORGANISE RELAYS	BREAK	BREAK	Long Jump	
1:35- 2pm	Discus  PREPARE FOR RELAYS WITH HOUSE CAPTAINS/TEACHERS PACK UP					Triple Jump	Shot Put	RELAY PREP	Long Jump	RELAY PREP	
2- 2:30pm	ALL AGE GROUP RELAYS										
2:45pm	PRESENTATIONS AND PACK UP										